

The Annual Combined Northern and Yorkshire Rheumatology Meeting

**WEDNESDAY
16 SEPT 2026**
The Milner,
York
YO24 1AA

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The Northern and Yorkshire Rheumatology meeting could not run as a free event without sponsorship. We would like to thank our sponsors for their support.

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**08:30 - 09:30 REGISTRATION, REFRESHMENTS AND WELCOME
EVENTS CENTRE FOYER**

**09:30 - 11:00 CONCURRENT TRANSLATIONAL AND CLINICAL CASE
SESSIONS AND AHP AND NURSES REGIONAL MEETING**

TRANSLATIONAL SCIENCE - OAK ROOM

Chairs: Prof. Ed Vital & Dr. Arthur Pratt

- Ala Altaie - Axial-Peripheral Immune Divergence at Human Enthesal Sites Revealed by Single-Cell Transcriptomics
- Ben Campbell - Whole blood methylation quantitative trait loci identification (meQTL) and colocalization in the BIOFLARE Cohort
- Zak Thornton - Pathogenic Insights from gene-based burden analysis of rare-coding variants in Giant Cell Arteritis
- Marco Minerba - Severe lower gastrointestinal disease in Systemic Sclerosis is associated with distinct vascular and neuroimmune proteomic signatures
- Nikki Li - Development of a Nanoparticle Vaccine for the Restoration of Antigen-Specific T-cell Tolerance
- Michal Zulcinski - Transcriptional signatures of refractory and relapsing disease in giant cell arteritis
- Sofia Sorbet - Baseline multi-source machine learning identifies biological heterogeneity associated with rheumatoid arthritis flare following treatment withdrawal
- Thomas Young - VEXAS Patient Neutrophils Display a Dysregulated Immune Response and an Increase in Immature Neutrophil Populations

CLINICAL CASE DISCUSSIONS - EVENTS CENTRE MAIN ROOM

Chairs: Drs. Laura Hunt, Mike Green & Jonathan Heaney

Unusual medical presentations

- Adam Bowden
- Najla Elndari
- Aseel Alnusairat
- Kenzie Maginnis

AHP AND NURSES REGIONAL MEETING - MINSTER ROOM

Chair: Joann Evans; (Please refer to the AHP and Nurses Regional Meeting Programme)

Facilitating change with young adults (an exploration of the functional and lifestyle needs in a transitioning population)

11:00 - 11:15 MID-MORNING BREAK - EVENTS CENTRE FOYER

**11:15 - 11:55 CELEBRATING LOCAL EXPERTISE (I)
EVENTS CENTRE MAIN ROOM - Chair: Prof. Ed Vital**

Dr. Faye Cooles

Senior Clinical Fellow, Newcastle University, Honorary Consultant Rheumatologist, Newcastle upon Tyne Hospitals NHS Foundation Trust

Interferons in Early Arthritis: What's Going on?

**A JOINT NIHR BIOMEDICAL RESEARCH CENTRE: NEWCASTLE AND LEEDS
TRAINING EVENT**

11:55 - 12:35	ABSTRACTS - EVENTS CENTRE MAIN ROOM <i>Chair: Prof. Ed Vital</i> - Filippo Santoro - Interferon signatures and musculoskeletal inflammation in systemic lupus erythematosus: clinical and ultrasound associations - Joe Berry - Embedding structured outcome collection within the electronic patient record to support longitudinal AxSpA care, quality improvement and real-world research - Letizia Pia di Corcia - Association between serum type I interferon activity and domain-specific disease burden assessed by ScleroID in Systemic Sclerosis - Sana Sharrack - Baseline secretory component-containing ACPA levels in anti-CCP antibody positive individuals are predictive of future RA development but are not associated with periodontal disease status
12:35 - 12:40	ROUND UP OF MORNING - EVENTS CENTRE MAIN ROOM
12:40 - 14:00	LUNCH - OAK ROOM
13:15 - 13:50	POSTER TOURS
14:00 - 14:45	KEYNOTE Speaker - EVENTS CENTRE MAIN ROOM <i>Chair: Prof. Heidi Siddle</i> Prof. Ben Fisher Professor of Clinical Rheumatology, University of Birmingham Rheumatological immune-related adverse events
14:45 - 15:20	ABSTRACTS - EVENTS CENTRE MAIN ROOM <i>Chair: Dr. Arthur Pratt</i> - Kate Harnden - Predicting the outcome of immune checkpoint inhibitor-induced inflammatory arthritis and arthralgia: Development of multivariable models to predict disease persistence - Amanda Thomson - Immune exhaustion protects against checkpoint inhibitor toxicity caused by activation and migration of cytotoxic T cells to synovial tissue - Francesca Trunfio - Long-term evolution of pandemic-associated anti-MDA5 autoimmunity supports a context-dependent autoimmune phenotype
15:20 - 15:45	MID-AFTERNOON BREAK - EVENTS CENTRE FOYER
15:45 - 16:20	CELEBRATING LOCAL EXPERTISE (II) - EVENTS CENTRE MAIN ROOM <i>Chair: Dr. Mike Green</i> Dr. Keith Howell Medical Oncology Specialist Doctor Leeds Teaching Hospitals NHS Foundation Trust An Oncology Perspective on Rheumatological Complications of Cancer Treatment.
16:20 - 16:50	QUALITY IMPROVEMENT IN RHEUMATOLOGY - EVENTS CENTRE MAIN ROOM <i>Chairs: Drs. Laura Hunt and Mike Green</i> - Samuel Wood - Derivation, validation and proposed thresholds of the Lupus Arthritis and Musculoskeletal Disease Activity (LAMDA) instrument in an observational cohort - Marcus Au - Are We Delivering Optimal Lupus Nephritis Care? Application of EULAR-Based Quality Indicators in a UK Tertiary Centre - Isobel Rueber - csDMARD Monitoring for the Future: a look at the 2025 British Society of Rheumatology csDMARD Guidance Against the Triple Bottom Line in Primary Care
16:50 - 17:00	PRIZES, WRAP-UP AND CLOSE - EVENTS CENTRE MAIN ROOM